

Concussion Awareness Program

Each year, an estimated 1.7 million people sustain a Traumatic Brain Injury (TBI) annually. About 75% of TBIs that occur each year are concussions or other forms of mild TBI. A concussion is a type of traumatic brain injury, or TBI, caused by a bump, blow or jolt to the head that can change the way your brain normally works. Concussions can also occur from a blow to the body that causes the head to move rapidly back and forth. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious. Concussions can occur in *any* sport or recreation activity. **So, all students, teachers, coaches, and parents need to learn concussion signs and symptoms and what to do if a concussion occurs.** Any child could take a spill, knock his/her head, and get a concussion in **any number** of school settings ranging from the hallway, the playground, the cafeteria, and beyond (<http://www.cdc.gov/concussion>). The Concussion Awareness Program is designed to educate our student body on what a concussion is, the signs, symptoms, and how it could academically impact a student. This presentation will take place at William Penn Middle School for all 7th and 8th grade students on February 23, 2012 during their gym classes. If there are any questions and/or concerns please contact Barbara Handloff at 215-428-4284.

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