

# PENNSBURY SCHOOL DISTRICT FOOD SERVICES 2011-2012 HIGH SCHOOL FOOD PROGRAMS INFORMATION SHEET



## BREAKFAST

Complete Breakfast .....	\$1.50
Reduced Breakfast.....	\$ .30
Milk (1/2 pint) .....	\$ .70

*A la carte options available*

## LUNCH

Complete Lunch.....	\$3.20
Reduced Lunch.....	\$ .40
Milk (1/2 pint) .....	\$ .70

*A la carte options available*



## PENNSBURY SCHOOL DISTRICT NATIONAL SCHOOL BREAKFAST AND LUNCH PROGRAM

Pennsbury High School participates in the National School Breakfast and Lunch Program. This program offers students the opportunity to choose a complete breakfast and/ or complete lunch at an economical price. Students must choose 3 out of the 5 components offered to receive the complete meal price. Students may still purchase items a la carte at breakfast and lunch. Please see the comparison between the options the students will have available.

**We encourage students to consider the National School Breakfast and Lunch options, as they offer nutritionally balanced meals at reasonable prices:**

### NATIONAL SCHOOL BREAKFAST & LUNCH PROGRAM

To be eligible for the complete meal price, students must choose 3 out of the 5 components offered:

- Low-fat milk
- Meat or meat alternative
- Fruit
- Vegetable
- Bread or grains

**Breakfast: \$1.50**

**Lunch: \$3.20**



### A LA CARTE EXAMPLES

Deli Sandwich .....	\$2.85
Baked Chips.....	\$ .85
Vintage Spring Water.....	\$1.25
	<b>\$4.95</b>

Chicken Patty .....	\$2.00
Baked Chips.....	\$ .85
Snapple 100% Juice.....	\$1.25
	<b>\$4.10</b>

### PENNSBURY SCHOOL DISTRICT FOOD SERVICE OFFICE

Makefield Elementary School • 1939 Makefield Road • Yardley, PA. 19067 • 215-949-6820 • ma1032@metzcorp.com

**Stephen J. Kline**  
*General Manager*

**Paul W. Sample**  
*Assistant Manager*

**Juli Tracy R.D., L.D.N.**  
*Nutrition Educator*